

Integrated Energy Therapy



- IET targets & facilitates the release of stored emotion from the cellular memory.
- Techniques involve acupressure applied to specific integration points located bilaterally along the spine.
- Produces measurable relaxation responses & significant stress relief.
- Originated in the early 1990's. Over 55,000 IET students in 75 countries worldwide.

Interested in the metaphysical aspects of healing modalities? IET also introduces the concept of angelic healing energy & techniques. **Not interested in the metaphysics?** No need to believe in or practice this aspect of the modality. IET techniques are a powerful approach to facilitate healing, with or without the angelic connection.

<p><u>Basic Level:</u> \$225 FLSM, Mt. Kisco, NY: Saturday, 10/21/17, 9:30-6 pm</p>	<p><u>Intermediate Level:</u> \$275 FLSM, Mt. Kisco, NY: Saturday, 11/04/17, 9:30-6 pm</p>	<p><u>Advanced Level:</u> \$290 FLSM, Mt. Kisco, NY: Date TBA</p>
<ul style="list-style-type: none"> ▪ Basic IET attunement empowering you to clear cellular memory blocks. ▪ Introduction to the IET cellular memory map and integration power points. ▪ Techniques to access, target and release physical tension related to held emotion that has been stored on a cellular level within the tissue. ▪ Training in Basic IET treatment for self and others. ▪ Detailed manual for future reference. ▪ 8 CE Credits for NYS & NCBTMB 	<ul style="list-style-type: none"> ▪ Intermediate IET attunement empowering you to clear the human energy field of blockages. ▪ Identify the connection between patterns of bodily stress & associated tension w/in the levels of the human energy field (HEF). ▪ Intro to the HEF structure. ▪ Methods to identify, target and clear HEF blockage. ▪ Training in Intermediate IET treatment for self and others. ▪ Detailed manual for future reference. ▪ 8 CE Credits for NYS & NCBTMB 	<ul style="list-style-type: none"> ▪ Advanced IET attunement empowering you to access and release resistant and recurring patterns of stored tension. ▪ Identify & resolve chronic patterns of upper body physical stress with three muscle tension & relaxation techniques involving the arms. ▪ Address chronic lower body tension with 3 techniques targeting the legs. ▪ Access and resolve pain/tension which has evaded previous approaches with 4 additional strategies. ▪ Training in the Advanced IET treatment for self and others. ▪ Detailed manual for future reference. ▪ 8 CE Credits for NYS & NCBTMB



Hallie Sawyers, LMT, APP, BCTMB
IET Master Instructor

10% discount when registered 30 days ahead
15% discount when register for 2 or more levels
50% repeater discount
 (discounts do not combine)

Contact FLSM to register: 607-272-9024, x29 or
workshops@flsm.com